

Fast and Fresh Bakery Ingredients and Allergens Information

Item Name	PLU	Ingredient Statement	Allergen Statement
Muffins			
Blueberry Muffin	21188	Blueberry Muffin (Water, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Vegetable Oil [Soybean Oil and/or Palm Oil and/or Canola Oil], Blueberries, Dried Whole Eggs, Contains 2% or Less of: Modified Food Starch [Corn], Salt, Nonfat Dry Milk, Sodium Bicarbonate, Sodium Aluminum Phosphate, Natural and Artificial Flavor [Milk], Mono- and Diglycerides, Sodium Stearoyl Lactylate, Xanthan Gum, Cellulose Gum, Sodium Caseinate [Milk], Egg Whites, Soy Flour), Blue Sanding Sugar (Sugar, Blue 1 Lake, Confectioner's Glaze, Carnauba Wax).	Contains Egg, Milk, Soy, Wheat.
Chocolate Chip Muffin	21187	Chocolate Chip Muffin (Water, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Vegetable Oil [Soybean Oil and/or Palm Oil and/or Canola Oil], Semi-Sweet Chocolate [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Vanilla], Dried Whole Eggs. Contains 2% or Less of: Modified Food Starch [Corn], Salt, Nonfat Dry Milk, Sodium Bicarbonate, Sodium Aluminum Phosphate, Emulsifier [Mono- and Diglycerides, Ascorbic Acid, Citric Acid], Natural and Artificial Flavor [Milk], Sodium Stearoyl Lactylate, Xanthan Gum, Sodium Caseinate [Milk], Egg Whites, Soy Flour), Semi-Sweet Chocolate Chips (Semi-Sweet Chocolate [Sugar, Chocolate, Cocoa Butter, Milk Fat, Lecithin (Soy), Natural Flavor, Milk]).	Contains Egg, Milk, Soy, Wheat.
Donut Holes			
Cinnamon Sugared Donut Holes	21481	Plain Donut Holes (Enriched Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Soybean, and Cottonseed], Sugar, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Defatted Soy Flour, Egg Yolk with Sodium Silicoaluminate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, BHT, Citric Acid [Preservative], and Artificial Flavor, Color Added), Sugar, Cinnamon.	Contains Egg, Milk, Soy, Wheat.
Sugared Donut Holes	21479	Plain Donut Holes (Enriched Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Soybean, and Cottonseed], Sugar, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Defatted Soy Flour, Egg Yolk with Sodium Silicoaluminate, Salt, Soy Lecithin, Dextrose, Wheat Starch, Cellulose Gum, Guar Gum, Sodium Stearoyl Lactylate, Natural Flavor, BHT, Citric Acid [Preservative], and Artificial Flavor, Color Added), Sugar.	Contains Egg, Milk, Soy, Wheat.
Cinnamon Rolls			
Cinnamon Roll	21162	Cinnamon Roll (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Canola, and/or Soybean Oil], Sugar, High Fructose Corn Syrup, Yeast, Eggs, Cinnamon, Contains 2% or Less of: Nonfat Milk, Molasses, Modified Potato Starch, Salt, Monoglycerides, Modified Tapioca Starch, DATEM, Sodium Stearoyl Lactylate, Annatto and Turmeric Extract Color, Ascorbic Acid, TBHQ [Preservative]), Creamy Swirl Icing (Sugar, Cream Cheese [Pasteurized Milk and Cream, Salt, Carob Bean Gum, Cheese Culture], Margarine [Palm Oil, Water, Salt, Vegetable Mono- and Diglycerides, Natural Butter Flavor, Citric Acid, Beta Carotene (Color), Vitamin A Palmitate], Vegetable Shortening [Palm Oil], Water, Contains 2% or Less of Soybean Oil, Corn Syrup, Salt, Polysorbate 60, Potassium Sorbate [Preservative], Natural Flavor), Hon-ee Glaze (Corn Syrup, Water, High Fructose Corn Syrup, Sugar, 2% or Less of Each of: Honey, Pectin, Sodium Benzoate [Preservative], Agar, Artificial Flavor, Citric Acid, Caramel Color).	Contains Egg, Milk, Wheat.
Cinnamon Roll, 6.5 oz	21669	Cinnamon Roll (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Canola, and/or Soybean Oil], Sugar, High Fructose Corn Syrup, Yeast, Eggs, Cinnamon, Contains 2% or Less of: Nonfat Milk, Molasses, Modified Potato Starch, Salt, Monoglycerides, Modified Tapioca Starch, DATEM, Sodium Stearoyl Lactylate, Annatto and Turmeric Extract Color, Ascorbic Acid, TBHQ [Preservative]), Creamy Swirl Icing (Sugar, Cream Cheese [Pasteurized Milk and Cream, Salt, Carob Bean Gum, Cheese Culture], Margarine [Palm Oil, Water, Salt, Vegetable Mono- and Diglycerides, Natural Butter Flavor, Citric Acid, Beta Carotene (Color), Vitamin A Palmitate], Vegetable Shortening [Palm Oil], Water, Contains 2% or Less of Soybean Oil, Corn Syrup, Salt, Polysorbate 60, Potassium Sorbate [Preservative], Natural Flavor), Hon-ee Glaze (Corn Syrup, Water, High Fructose Corn Syrup, Sugar, 2% or Less of Each of: Honey, Pectin, Sodium Benzoate [Preservative], Agar, Artificial Flavor, Citric Acid, Caramel Color).	Contains Egg, Milk, Wheat.
Cinnamon Roll, 4.5 oz	21670	Cinnamon Roll (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Canola, and/or Soybean Oil], Sugar, High Fructose Corn Syrup, Yeast, Eggs, Cinnamon, Contains 2% or Less of: Nonfat Milk, Molasses, Modified Potato Starch, Salt, Monoglycerides, Modified Tapioca Starch, DATEM, Sodium Stearoyl Lactylate, Annatto and Turmeric Extract Color, Ascorbic Acid, TBHQ [Preservative]), Creamy Swirl Icing (Sugar, Cream Cheese [Pasteurized Milk and Cream, Salt, Carob Bean Gum, Cheese Culture], Margarine [Palm Oil, Water, Salt, Vegetable Mono- and Diglycerides, Natural Butter Flavor, Citric Acid, Beta Carotene (Color), Vitamin A Palmitate], Vegetable Shortening [Palm Oil], Water, Contains 2% or Less of Soybean Oil, Corn Syrup, Salt, Polysorbate 60, Potassium Sorbate [Preservative], Natural Flavor), Hon-ee Glaze (Corn Syrup, Water, High Fructose Corn Syrup, Sugar, 2% or Less of Each of: Honey, Pectin, Sodium Benzoate [Preservative], Agar, Artificial Flavor, Citric Acid, Caramel Color).	Contains Egg, Milk, Wheat.
Bakery Bars			
Banana Bar	21460	Cream Cheese Icing (Sugar, Cream Cheese [Pasteurized Milk and Cream, Salt, Carob Bean Gum, Cheese Culture], Vegetable Shortening [Palm Oil, Canola Oil, Mono- and Diglycerides, Polysorbate 60], Dextrose. Contains 2% or Less of Cream Cheese Powder [Cream Cheese Solids (Cream, Nonfat Milk, Salt, Sodium Alginate, Lactic Acid), Corn Syrup Solids, Sodium Caseinate (Milk), Natural Flavor], Corn Starch, Soybean Oil, Salt, Natural Flavor, Benzoic Acid [Preservative]), Polysorbate 60, Propyl Gallate [Antioxidant], Beta Carotene [Color]), Banana Cake Mix (Sugar, Enriched Wheat Flour Bleached [Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Food Starch-Modified, Egg Whites, Leavening [Baking Soda, Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate, Monocalcium Phosphate], Contains 2% or Less of: Beta-Carotene [Color], Buttermilk, Caramel Color, Cellulose Gum, Dextrose, Mono- and Diglycerides, Natural and Artificial Flavor, Preservative [Sodium Propionate], Propylene Glycol Mono- and Diesters Of Fatty Acids, Salt, Sodium Stearoyl Lactylate, Soy Lecithin), Water, Banana Puree (Banana, Ascorbic Acid), Soybean Oil, Dried Egg (Whole Egg, Less than 2% Sodium Silicoaluminate [To Prevent Caking]), Corn Syrup.	Contains Egg, Milk, Soy, Wheat.
Pumpkin Bar	21663	Cream Cheese Icing (Sugar, Cream Cheese [Pasteurized Milk and Cream, Salt, Carob Bean Gum, Cheese Culture], Vegetable Shortening [Palm Oil, Canola Oil, Mono- and Diglycerides, Polysorbate 60], Dextrose. Contains 2% or Less of Cream Cheese Powder [Cream Cheese Solids (Cream, Nonfat Milk, Salt, Sodium Alginate, Lactic Acid), Corn Syrup Solids, Sodium Caseinate (Milk), Natural Flavor], Corn Starch, Soybean Oil, Salt, Natural Flavor, Benzoic Acid [Preservative]), Polysorbate 60, Propyl Gallate [Antioxidant], Beta Carotene [Color]), Granulated Sugar, Pumpkin, Enriched Malted Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Water, Dried Egg (Whole Egg, Sodium Silicoaluminate), Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate), Pumpkin Pie Spice (Cinnamon, Ginger, and Cloves), Baking Soda (Sodium Bicarbonate), Salt (Salt, Yellow Prussiate of Soda [Anti-caking Agent]).	Contains Egg, Milk, Wheat.
Chocolate Chip Blondie	21053	Blondie Mix (Sugar, Enriched Wheat Flour Bleached [Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Palm Oil, Contains 2% or Less of Cornstarch, Defatted Soy Flour, Egg Whites, Egg Yolks, Leavening [Baking Soda], Natural Flavor, Salt, Whey), Water, Soybean Oil, Ghirardelli Semi-Sweet Chocolate Chips (Cane Sugar, Unsweetened Chocolate, Cocoa Butter, Whole Milk Powder, Soy Lecithin [Emulsifier], Vanilla Extract).	Contains Egg, Milk, Soy, Wheat.

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Caramel Iced Brownie	21051	Brownie Mix (Sugar, Enriched Bleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Cocoa [Processed with Alkali], Soybean Oil. Contains 2% or Less of Each of the Following: Dried Egg Yolks, Salt, Dried Egg Whites, Artificial Flavor, Sodium Bicarbonate, Whey [Milk], Soy Flour), Caramel Icing (Sugar, Vegetable Shortening [Palm Oil], Water, High Fructose Corn Syrup, Corn Syrup, Whey [Milk], 2% or Less of Caramel Color [Sulfites], Mono- and Diglycerides, Artificial Flavors, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate [Preservative], Citric Acid, Red 40), Water, Soybean Oil.	Contains Egg, Milk, Soy, Wheat.
Cream Cheese Iced Brownie	21458	Brownie Mix (Sugar, Enriched Bleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Cocoa [Processed with Alkali], Soybean Oil. Contains 2% or Less of Each of the Following: Dried Egg Yolks, Salt, Dried Egg Whites, Artificial Flavor, Sodium Bicarbonate, Whey [Milk], Soy Flour), Cream Cheese Icing (Sugar, Cream Cheese [Pasteurized Milk and Cream, Salt, Carob Bean Gum, Cheese Culture], Vegetable Shortening [Palm Oil, Canola Oil, Mono- and Diglycerides, Polysorbate 60], Dextrose. Contains 2% or Less of Cream Cheese Powder [Cream Cheese Solids (Cream, Nonfat Milk, Salt, Sodium Alginate, Lactic Acid), Corn Syrup Solids, Sodium Caseinate (Milk), Natural Flavor], Corn Starch, Soybean Oil, Salt, Natural Flavor, Benzoic Acid [Preservative], Polysorbate 60, Propyl Gallate [Antioxidant], Beta Carotene [Color]), Water, Soybean Oil, Double Dutch Fudge Icing (Sugar, Vegetable Shortening [Palm Oil, Fully Hydrogenated Cottonseed Oil], Water, High Fructose Corn Syrup, Cocoa [Processed with Alkali], Corn Syrup, Soybean Oil, Sweetened Condensed Milk [Milk, Sugar]. Contains 2% or Less of Mono- and Diglycerides, Salt, Polysorbate 60, Soy Lecithin, Citric Acid, Potassium Sorbate [Preservative], Natural and Artificial Flavors).	Contains Egg, Milk, Soy, Wheat.
Fudge Iced Brownie	21661	Double Dutch Fudge Icing (Sugar, Vegetable Shortening [Palm Oil, Fully Hydrogenated Cottonseed Oil], Water, High Fructose Corn Syrup, Cocoa [Processed with Alkali], Corn Syrup, Soybean Oil, Sweetened Condensed Milk [Milk, Sugar]. Contains 2% or Less of Mono- and Diglycerides, Salt, Polysorbate 60, Soy Lecithin, Citric Acid, Potassium Sorbate [Preservative], Natural and Artificial Flavors), Brownie Mix (Sugar, Enriched Bleached Flour [Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Cocoa [Processed with Alkali], Soybean Oil. Contains 2% or Less of Each of the Following: Dried Egg Yolks, Salt, Dried Egg Whites, Artificial Flavor, Sodium Bicarbonate, Whey [Milk], Soy Flour), Water, Soybean Oil.	Contains Egg, Milk, Soy, Wheat.
Crispy Bites			
Chocolate Peanut Butter Crispy Bites	21666	Chocolate Peanut Butter Crispy Bites (Peanut Butter [Peanuts, Dextrose, Fully Hydrogenated Vegetable Oils (Cottonseed, Soybean, Rapeseed), Salt], Icing [Sugar, Hydrogenated Palm Kernel Oil, Cocoa Powder, Chocolate Liquor, Cocoa Powder Processed with Alkali, Whey Powder (Milk), Soy Lecithin (Emulsifier), Sunflower Lecithin (Emulsifier), Salt, Artificial Flavors], Invert Sugar, Crisp Rice [Rice, Sugar, Corn Syrup, Salt, Ferric Orthophosphate, Sodium Ascorbate, Niacinamide, Zinc Oxide, Folic Acid, Riboflavin, Pyridoxine Hydrochloride, Vitamin A Palmitate, Thiamine Mononitrate, Vitamin B12, Vitamin D3], Corn Syrup, Sugar).	Contains Milk, Peanut, Soy.
Rice Crispy Bites	21667	Marshmallow Rice Crispy (Marshmallow [Corn Syrup, Sugar, Water, Invert Sugar, Gelatin], Crisp Rice [Rice, Sugar, Corn Syrup, Salt, Ferric Orthophosphate, Sodium Ascorbate, Niacinamide, Zinc Oxide, Folic Acid, Riboflavin, Pyridoxine Hydrochloride, Vitamin A Palmitate, Thiamine Mononitrate, Vitamin B12, Vitamin D3], Butter [Cream, Salt], Sugar, Corn Syrup, Invert Sugar, Food Starch-Modified).	Contains Milk.
Bakery Buns			
Bakery Hamburger Buns, 8 ct	21495	Enriched Malted Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Filtered Water, White Bun Base (Sugar, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, Salt, Soybean Oil, Natural Flavor and 2% or Less of Each of the Following: Whey (Milk), Yeast, Buttermilk Solids, Dextrose, Enzymes [Contains Wheat], Ascorbic Acid [Vitamin C]), Yeast, Vegetable Oil (Soybean Oil).	Contains Milk, Wheat.
Bakery Hot Dog Buns, 8 ct	21491	Enriched Malted Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Filtered Water, White Bun Base (Sugar, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, Salt, Soybean Oil, Natural Flavor and 2% or Less of Each of the Following: Whey (Milk), Yeast, Buttermilk Solids, Dextrose, Enzymes [Contains Wheat], Ascorbic Acid [Vitamin C]), Yeast, Vegetable Oil (Soybean Oil).	Contains Milk, Wheat.
Bakery Sweet Yeasty Buns, 6 ct	21498	Enriched Malted Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Granulated Sugar, Yeast Roll Base (Sugar, Non Fat Dry Milk, Salt, Wheat Gluten, Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Natural Flavor, 2% or Less of: Soybean Oil, Enzymes [Contains Wheat], Ascorbic Acid [Vitamin C]), Yeast, Soybean Oil, Soy Flour, Dried Egg (Whole Egg, Sodium Silicoaluminate).	Contains Egg, Milk, Soy, Wheat.
David's Cookies			
Apple Caramel Crisp		Apple Caramel Crisp Cookie (Enriched Wheat Flour [Wheat, Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Brown Sugar, Rolled Oats, Butter, Margarine [Vegetable Oil Blend (Palm Fruit, Soybean and Olive Oils), Water, Salt, Non-Fat Dry Milk, Soy Lecithin, Mono and Diglycerides, Artificial Flavor, Vitamin A Palmitate, Beta Carotene Color], Caramel Bits [Sugar, Corn Syrup, Liquid Sugar, Skim Milk, Palm Oil, Butter, Salt, Mono & Diglycerides, Natural Flavor, Soy Lecithin], Dried Apples [Preserved with Sulfite], Sugar, Eggs, Natural & Artificial Apple Flavor, Salt, Baking Soda, Cinnamon, Natural Vanilla Flavor).	Contains Egg, Milk, Soy, Wheat.
Chaos		Chaos Cookie (Enriched Wheat Flour [Wheat, Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Butter, Pretzels [Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Corn Oil, Corn Syrup, Ammonium Bicarbonate, Malt Extract, Yeast], Sugar, Brown Sugar, Chocolate Chips [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Vanilla, Salt], Eggs, Peanut Butter Chips [Sugar, Palm Kernel Oil, Partially Defatted Peanut Flour, Non-Fat Milk Powder, Salt, Soy Lecithin], Reduced Minerals Whey, Dextrose, Salt, Soy Lecithin, Artificial Vanilla Flavor], Potato Chips [Potatoes, Vegetable Oil (Sunflower, Corn and/or Canola Oils), Salt], Chocolate Sandwich Cookie [Sugar, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean, Palm, Palm Kernel Oils with TBHQ for Freshness), Cocoa Treated with Alkali, Invert Sugar, Yellow Corn Flour, Chocolate, Corn Starch, Salt, Leavening (Baking Soda, Monocalcium Phosphate), Whey, Natural and Artificial Flavor, Soy Lecithin], Pecans, Invert Sugar, Baking Powder [Sodium Acid Pyrophosphate, Corn Starch, Baking Soda, Monocalcium Phosphate], Salt, Natural Vanilla Flavor, Baking Soda).	Contains Egg, Milk, Pecans, Peanut, Soy, Wheat.
Chocolate Caramel Nut, Snickers		Snickers Cookie (Enriched Wheat Flour [Wheat, Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Snickers(R) Bites [Milk Chocolate (Sugar, Cocoa Butter, Chocolate, Skim Milk, Lactose, Milkfat, Soy Lecithin), Peanuts, Corn Syrup, Sugar, Palm Oil, Skim Milk, Lactose, Salt, Egg Whites, Artificial Flavor], Brown Sugar, Margarine [Vegetable Oil Blend (Palm Fruit, Soybean and Olive Oils), Water, Salt, Non-fat Dry Milk, Soy Lecithin, Monoglycerides, Natural Flavor, Vitamin A Palmitate, Beta-Carotene Color], Sugar, Butter, Milk Chocolate Chunks [Sugar, Chocolate Liquor, Cocoa Butter, Whole Milk, Soy Lecithin, Salt, Vanilla], Roasted Peanuts, Eggs, Caramel Bits [Sugar, Corn Syrup, Liquid Sugar, Skim Milk, Palm Oil, Butter, Salt, Mono & Diglycerides, Natural Flavor, Soy Lecithin], Invert Sugar, Salt, Baking Soda, Natural Vanilla Flavor).	Contains Egg, Milk, Peanut, Soy, Wheat.
Chocolate Chunk with M&Ms		Chocolate Chunk with M&M's Cookie (Enriched Wheat Flour [Wheat, Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Chocolate Chunks [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Vanilla, Salt], M&M's Milk Chocolate Candies [Milk Chocolate (Sugar, Chocolate, Skim Milk, Cocoa Butter, Lactose, Milkfat, Soy Lecithin, Salt, Artificial and Natural Flavors), Sugar, Cornstarch, Less than 1% Corn Syrup, Dextrin, Coloring Includes Blue 1 Lake, Yellow 6, Red 40, Yellow 5, Blue 1, Yellow 6 Lake, Red 40 Lake, Yellow 5 Lake, Blue 2 Lake, Blue 2), Carnauba Wax, Gum Acacia], Sugar, Brown Sugar, Margarine [Vegetable Oil Blend (Palm Fruit, Soybean and Olive Oils), Water, Salt, Non-Fat Dry Milk, Soy Lecithin, Monoglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene Color], Butter, Eggs, Invert Sugar, Soy Flour, Salt, Baking Soda, Artificial Vanilla Flavor).	Contains Egg, Milk, Soy, Wheat.

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Cookies & Cream	Cookies and Cream Cookie (Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Hershey's Vanilla Chips [Sugar, Nonfat Milk, Hydrogenated Vegetable Oil {Palm Kernel Oil, Soybean Oil, Palm Oil}], Palm Kernel Oil, Artificial Vanilla Flavor, Salt, Soy Lecithin), Oreo Cookie Pieces [Unbleached Enriched Flour {Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Sugar, Palm and/or Canola Oil, Cocoa Processed with Alkali, Invert Sugar, Leavening {Baking Soda and/or Calcium Phosphate}, Salt, Soy Lecithin, Chocolate, Natural Flavor], Butter, Margarine [Vegetable Oil Blend {Palm Fruit, Soybean and Olive Oils}], Water, Salt, Non-Fat Dry Milk, Soy Lecithin, Monoglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene Color], Eggs, Non-Fat Milk, Invert Sugar, Natural Vanilla Flavor, Salt, Baking Soda).	Contains Egg, Milk, Soy, Wheat.
Frosting Filled	Filled Birthday Celebration Cookie (Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Butter, Margarine [Vegetable Oil Blend {Palm Fruit, Soybean and Olive Oils}], Water, Salt, Non-Fat Dry Milk, Soy Lecithin, Monoglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene Color], Rainbow Sprinkles [Sugar, Hydrogenated Palm Kernel Oil, Corn Starch, Soy Lecithin, Artificial Colors {Yellow 6, Yellow 5, Blue 1, Red 40, Red 3}, Carnauba Wax, Maltodextrin, Cellulose Gum, Vanillin], Eggs, Powdered Sugar [Sugar, Corn Starch], Bleached Wheat Flour, Invert Sugar, Non-Fat Milk, Heavy Cream, Natural Vanilla Flavor, Salt, Baking Soda, Natural Birthday Cake Flavor).	Contains Egg, Milk, Soy, Wheat.
Fudge Filled	Filled Chocolate Chip Cookie (Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Butter, Chocolate Chips [Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Natural Vanilla], Margarine [Vegetable Oil Blend {Palm Fruit, Soybean and Olive Oils}], Water, Salt, Non-Fat Dry Milk, Soy Lecithin, Monoglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene Color], Powdered Sugar [Sugar, Corn Starch], Eggs, Invert Sugar, Cocoa Processed with Alkali, Bleached Wheat Flour, Heavy Cream, Molasses, Nonfat Milk, Salt, Natural Vanilla Flavor, Baking Soda).	Contains Egg, Milk, Soy, Wheat.
Lemon Blueberry	Lemon Blueberry Cookie (Enriched Wheat Flour [Wheat, Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Margarine [Vegetable Oil Blend {Palm Fruit, Soybean and Olive Oils}], Water, Salt, Non-Fat Dry Milk, Soy Lecithin, Monoglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene Color], Dried Blueberries [Wild Blueberries, Sugar, Sunflower Oil], Butter, Eggs, Crystal Sugar [Sugar, Carnauba Wax], Brown Sugar, Invert Sugar, Natural Lemon Flavor, Salt, Baking Soda).	Contains Egg, Milk, Soy, Wheat.
PB&J Filled	Filled PB&J Cookie (Grape Jelly [Corn Syrup, Water, Sugar, Grape Juice Concentrate, Modified Food Starch, Corn Starch, Apples, Gellan Gum, Citric Acid, Sodium Benzoate and Potassium Sorbate {Preservatives}], Enriched Wheat Flour [Wheat, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Peanut Butter [Roasted Peanuts, Dextrose, Hydrogenated Cottonseed and Canola Oils, Salt], Butter, Margarine [Vegetable Oil Blend {Palm Fruit, Soybean and Olive Oils}], Water, Salt, Non-Fat Dry Milk, Soy Lecithin, Monoglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene Color], Eggs, Molasses, Salt, Baking Soda).	Contains Egg, Milk, Peanut, Soy, Wheat.
Peanut Butter Chocolate Chunk, Butterfingers	Peanut Butter Chocolate Chunk Cookie (Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Butterfingers [Corn Syrup, Sugar, Peanuts, Vegetable Oil {Palm Kernel and Palm Oils}], Peanut Flour, Nonfat Milk, Cocoa, Milk, Salt, Soy Lecithin, Natural Flavor, Annatto Color], Peanut Butter [Roasted Peanuts, Dextrose, Hydrogenated Cottonseed and Canola Oils, Salt], Milk Chocolate Chunks [Sugar, Milk Powder, Cocoa Butter, Unsweetened Chocolate Processed with Alkali, Dextrose, Milk Fat, Soy Lecithin, Vanillin], Brown Sugar, Butter, Margarine [Vegetable Oil Blend {Palm Fruit, Soybean and Olive Oils}], Water, Salt, Non-Fat Dry Milk, Soy Lecithin, Monoglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene Color], Sugar, Eggs, Invert Sugar, Salt, Natural Peanut Flavor, Baking Soda).	Contains Egg, Milk, Peanut, Soy, Wheat.
Pumpkin White Chocolate Pecan	Pumpkin White Chocolate Pecan Cookie (Wheat Flour [Wheat, Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], White Chocolate Chunks [Sugar, Cocoa Butter, Milk Powder, Soy Lecithin, Vanilla], Sugar, Butter, Margarine [Vegetable Oil Blend {Palm Fruit, Soybean and Olive Oils}], Water, Salt, Nonfat Dry Milk, Soy Lecithin, Monoglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene Color], Brown Sugar, Pecans, Pumpkin, Eggs, Cinnamon, Ginger, Salt, Nutmeg, Allspice, Baking Soda, Baking Powder [Sodium Acid Pyrophosphate, Corn Starch, Baking Soda, Monocalcium Phosphate]).	Contains Egg, Milk, Pecans, Soy, Wheat.
Red Velvet	Red Velvet Cookie (Enriched Wheat Flour [Wheat, Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], White Chocolate Chips [Sugar, Cocoa Butter, Milk Powder, Soy Lecithin, Vanilla], Sugar, Brown Sugar, Butter, Margarine [Vegetable Oil Blend {Palm Fruit, Soybean and Olive Oils}], Water, Salt, Non-Fat Dry Milk, Soy Lecithin, Monoglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene Color], Eggs, Hershey's Milk Chocolate [Sugar, Milk, Chocolate, Cocoa Butter, Lactose, Milk Fat, Soy Lecithin, PGPR, Vanillin], Milk Chocolate Chunks [Sugar, Milk Powder, Cocoa Butter, Chocolate Liquor Processed with Alkali, Dextrose, Milk Fat, Soy Lecithin, Vanillin], Chocolate Chunks [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Vanilla, Salt], Invert Sugar, Cocoa Processed with Alkali, Artificial Color [FD&C Red #40 & #3, Blue Y1, yellow #6], Natural Vanilla Flavor, Salt, Baking Soda).	Contains Egg, Milk, Soy, Wheat.
Reese's Peanut Butter Cup	Reese's Peanut Butter Cup Cookie (Peanut Butter Chips [Sugar, Palm Kernel Oil, Partially Defatted Peanut Flour, Non-Fat Milk Powder, Salt, Soy Lecithin], Enriched Wheat Flour [Wheat, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Peanut Butter [Roasted Peanuts, Dextrose, Hydrogenated Cottonseed and Canola Oils, Salt], Reese's Peanut Butter Cups [Sugar, Peanuts, Chocolate, Non-Fat Milk, Cocoa Butter, Milk Fat, Dextrose, Salt, Soy Lecithin and PGPR Emulsifiers, TBHQ and Citric Acid Preservatives], Brown Sugar, Margarine [Vegetable Oil Blend {Palm Fruit, Soybean and Olive Oils}], Water, Salt, Non-Fat Dry Milk, Soy Lecithin, Monoglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene Color], Butter, Sugar, Eggs, Salt, Baking Soda).	Contains Egg, Milk, Peanut, Soy, Wheat.
Salted Caramel, Heath	Salted Caramel Cookie (Enriched Wheat Flour [Wheat, Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Brown Sugar, Caramel Bits [Sugar, Corn Syrup, Liquid Sugar, Skim Milk, Palm Oil, Butter, Salt, Mono & Diglycerides, Natural Flavor, Soy Lecithin], Heath Toffee Bits [Milk Chocolate [Sugar, Cocoa Butter, Chocolate, Nonfat Milk, Milkfat, Lactose, Salt, Soy Lecithin, Natural Flavor], Sugar, Vegetable Oil {Palm & Sunflower}], Butter, Almonds, Salt, Soy Lecithin], Butter, Margarine [Vegetable Oil Blend {Palm Fruit, Soybean and Olive Oils}], Water, Salt, Non-Fat Dry Milk, Soy Lecithin, Monoglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene Color], Sugar, Eggs, Molasses, Sea Salt, Natural Vanilla Flavor, Baking Soda).	Contains Egg, Milk, Almonds, Soy, Wheat.
S'Mores	S'mores Cookie (Enriched Wheat Flour [Wheat, Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Chocolate Chunks [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Vanilla, Salt], Brown Sugar, Marshmallow Bits [Dextrose, Sugar, Palm Oil, Wheat Flour, Titanium Dioxide {Color}], Natural and Artificial Flavor, Cellulose Gum, Water, Maltodextrin], Sugar, Margarine [Vegetable Oil Blend {Palm Fruit, Soybean and Olive Oils}], Water, Salt, Non-Fat Dry Milk, Soy Lecithin, Monoglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene Color], Butter, Eggs, Graham Crackers [Enriched Flour {Wheat, Niacin, Iron, Thiamin, Riboflavin, Folic Acid}, Sugar, Whole Wheat Flour, Canola Oil, High Fructose Corn Syrup, Honey, Baking Soda, Calcium Phosphate, Salt, Artificial Flavor, Soy Lecithin, Cornstarch], Hershey's Milk Chocolate [Sugar, Chocolate, Skim Milk, Cocoa Butter, Milk Fat, Soy Lecithin, Natural Flavor], Marshmallows [Tapioca Syrup, Sugar, Water, Tapioca Starch, Carrageenan, Soy Protein, Natural Vanilla Flavor], Cocoa Processed with Alkali, Marshmallow Creme [Corn Syrup, Sugar, Water, Egg Whites, Cream of Tartar, Xanthan Gum], Invert Sugar, Molasses, Salt, Baking Soda, Artificial Vanilla Flavor).	Contains Egg, Milk, Egg, Soy, Wheat.
Triple Chocolate	Triple Chocolate Cookie (Enriched Wheat Flour [Wheat, Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Chocolate Chunks [Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Vanilla, Salt], Sugar, Brown Sugar, Margarine [Vegetable Oil Blend {Palm Fruit, Soybean and Olive Oils}], Water, Salt, Non-Fat Dry Milk, Soy Lecithin, Monoglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene Color], Butter, Eggs, Hershey's Milk Chocolate Kisses [Sugar, Chocolate, Skim Milk, Cocoa Butter, Milk Fat, Soy Lecithin, Natural Flavor], Milk Chocolate Chunks [Sugar, Milk Powder, Cocoa Butter, Unsweetened Chocolate Processed with Alkali, Dextrose, Milk Fat, Soy Lecithin, Vanillin], Invert Sugar, Soy Flour, Salt, Baking soda, Artificial Vanilla Flavor).	Contains Egg, Milk, Soy, Wheat.

Fast and Fresh Bakery Ingredients and Allergens Information

White Chocolate Macadamia Nut	Vanilla Chip Macadamia Nut Cookie (Enriched Wheat Flour [Wheat, Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Hershey's Vanilla Chips [Sugar, Nonfat Milk, Hydrogenated Vegetable Oil {Palm Kernel and Soybean Oil}, Palm Kernel Oil, Cornstarch, Artificial Vanilla Flavor, Salt, Palm Oil, Soy Lecithin], Enriched Wheat Flour [Wheat, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Sugar, Macadamia Nuts, Margarine [Vegetable Oil Blend {Palm Fruit, Soybean and Olive Oils}, Water, Salt, Non-Fat Dry Milk, Soy Lecithin, Mono and Diglycerides, Artificial Flavor, Vitamin A Palmitate, Beta Carotene Color], Butter, Coconut with Sodium Metabisulfite as a Preservative, Eggs, Brown Sugar, Invert Sugar, Soy Flour, Salt, Baking Soda, Artificial Vanilla Flavor).	Contains Egg, Milk, Egg, Soy.
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