

Country Sampler Breakfast Nutritional Information

Item Name	Serving Size	Calories	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fiber (g)	Sugar (g)	Added Sugar (g)	Prot (g)	Vit D (mcg)	Calc % DV	Iron % DV	Pot % DV
Country Sampler with Basted Eggs																
Country Sampler with Basted Eggs, Bacon, Hash Browns	1 platter	1280	84	43	1.5	510	4210	102	4	10	6	35	18	15	35	25
Country Sampler with Basted Eggs, Ham Steak, Hash Browns	1 platter	1490	101	49	1.5	565	5680	104	4	12	7	45	2	15	40	30
Country Sampler with Basted Eggs, Impossible Sausage, Hash Browns	1 platter	1340	86	44	1.5	480	4370	108	6	8	4	37	2	25	45	25
Country Sampler with Basted Eggs, Sausage Link, Hash Browns	1 platter	1510	109	52	1.5	550	4420	101	5	9	5	36	4	15	35	25
Country Sampler with Basted Eggs, Sausage Patty, Hash Browns	1 platter	1660	116	53	1.5	610	5310	100	4	9	4	58	2	20	60	20
Country Sampler with Basted Eggs, Turkey Sausage, Hash Browns	1 platter	1280	80	42	1.5	555	4340	102	4	10	4	41	2	15	30	25
Country Sampler with Egg Whites																
Country Sampler with Egg Whites, Bacon, Hash Browns	1 platter	1300	87	48	2	175	4360	103	4	11	6	34	16	10	20	25
Country Sampler with Egg Whites, Ham Steak, Hash Browns	1 platter	1520	104	54	2	230	5830	105	4	12	7	44	0	15	30	30
Country Sampler with Egg Whites, Impossible Sausage, Hash Browns	1 platter	1360	89	49	2	145	4520	109	6	9	4	36	0	20	35	30
Country Sampler with Egg Whites, Sausage Link, Hash Browns	1 platter	1540	112	57	2	210	4570	102	5	10	5	35	2	10	20	25
Country Sampler with Egg Whites, Sausage Patty, Hash Browns	1 platter	1690	119	58	2	275	5460	101	4	9	4	57	0	15	45	20
Country Sampler with Egg Whites, Turkey Sausage, Hash Browns	1 platter	1300	84	47	2	215	4480	102	4	10	4	40	0	15	20	25
Country Sampler with Over Easy, Medium, Hard Eggs																
Country Sampler with Over Easy, Medium, Hard Eggs, Bacon, Hash Browns	1 platter	1280	84	43	1.5	510	4210	102	4	10	6	35	18	15	35	25
Country Sampler with Over Easy, Medium, Hard Eggs, Ham Steak, Hash Browns	1 platter	1490	101	49	1.5	565	5680	104	4	12	7	45	2	15	40	30
Country Sampler with Over Easy, Medium, Hard Eggs, Impossible Sausage, Hash Browns	1 platter	1340	86	44	1.5	480	4370	108	6	8	4	37	2	25	45	25
Country Sampler with Over Easy, Medium, Hard Eggs, Sausage Link, Hash Browns	1 platter	1510	109	52	1.5	550	4420	101	5	9	5	36	4	15	35	25
Country Sampler with Over Easy, Medium, Hard Eggs, Sausage Patty, Hash Browns	1 platter	1660	116	53	1.5	610	5310	100	4	9	4	58	2	20	60	20
Country Sampler with Over Easy, Medium, Hard Eggs, Turkey Sausage, Hash Browns	1 platter	1280	80	42	1.5	555	4340	102	4	10	4	41	2	15	30	25
Country Sampler with Poached Eggs																
Country Sampler with Poached Eggs, Bacon, Hash Browns	1 platter	1240	80	41	1	500	4210	102	4	10	6	35	18	15	35	25
Country Sampler with Poached Eggs, Ham Steak, Hash Browns	1 platter	1450	96	46	1.5	555	5680	104	4	12	7	45	2	15	40	30
Country Sampler with Poached Eggs, Impossible Sausage, Hash Browns	1 platter	1300	82	42	1	470	4370	108	6	8	4	37	2	25	45	25
Country Sampler with Poached Eggs, Sausage Link, Hash Browns	1 platter	1470	104	49	1	535	4420	101	5	9	5	36	4	15	35	25
Country Sampler with Poached Eggs, Sausage Patty, Hash Browns	1 platter	1620	112	51	1.5	600	5310	100	4	9	4	58	2	20	60	20
Country Sampler with Poached Eggs, Turkey Sausage, Hash Browns	1 platter	1240	76	40	1.5	540	4340	102	4	10	4	41	2	15	30	25
Country Sampler with Scrambled Eggs																
Country Sampler with Scrambled Eggs, Bacon, Hash Browns	1 platter	1460	102	53	2	730	4400	102	4	10	6	41	19	15	40	25
Country Sampler with Scrambled Eggs, Ham Steak, Hash Browns	1 platter	1670	119	58	2	785	5870	104	4	12	7	51	3	20	45	30
Country Sampler with Scrambled Eggs, Impossible Sausage, Hash Browns	1 platter	1520	104	54	2	700	4560	108	6	8	4	43	3	25	50	30
Country Sampler with Scrambled Eggs, Sausage Link, Hash Browns	1 platter	1690	127	62	2	765	4610	101	5	9	5	42	5	20	40	25
Country Sampler with Scrambled Eggs, Sausage Patty, Hash Browns	1 platter	1840	134	63	2	830	5500	100	4	9	4	64	3	20	60	20
Country Sampler with Scrambled Eggs, Turkey Sausage, Hash Browns	1 platter	1460	98	52	2	770	4520	102	4	10	4	47	3	20	35	25
Country Sampler with Sunny Side Up Eggs																
Country Sampler with Sunny Side Up Eggs, Bacon, Hash Browns	1 platter	1280	84	43	1.5	510	4210	102	4	10	6	35	18	15	35	25
Country Sampler with Sunny Side Up Eggs, Ham Steak, Hash Browns	1 platter	1490	101	49	1.5	565	5680	104	4	12	7	45	2	15	40	30
Country Sampler with Sunny Side Up Eggs, Impossible Sausage, Hash Browns	1 platter	1340	86	44	1.5	480	4370	108	6	8	4	37	2	25	45	25
Country Sampler with Sunny Side Up Eggs, Sausage Link, Hash Browns	1 platter	1510	109	52	1.5	550	4420	101	5	9	5	36	4	15	35	25
Country Sampler with Sunny Side Up Eggs, Sausage Patty, Hash Browns	1 platter	1660	116	53	1.5	610	5310	100	4	9	4	58	2	20	60	20
Country Sampler with Sunny Side Up Eggs, Turkey Sausage, Hash Browns	1 platter	1280	80	42	1.5	555	4340	102	4	10	4	41	2	15	30	25
Item Name	Serving Size	Calories	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fiber (g)	Sugar (g)	Added Sugar (g)	Prot (g)	Vit D (mcg)	Calc % DV	Iron % DV	Pot % DV
Country Sampler with Basted Eggs																
Country Sampler with Basted Eggs, Bacon, Fruit	1 platter	940	56	26	0	440	2300	81	3	21	6	33	18	15	30	15
Country Sampler with Basted Eggs, Ham Steak, Fruit	1 platter	1160	73	31	0	490	3770	83	3	23	7	43	2	15	35	20
Country Sampler with Basted Eggs, Impossible Sausage, Fruit	1 platter	1000	58	27	0	410	2460	87	5	19	4	35	2	25	45	20
Country Sampler with Basted Eggs, Sausage Link, Fruit	1 platter	1180	81	34	0	475	2500	80	3	20	4	34	4	15	35	15
Country Sampler with Basted Eggs, Sausage Patty, Fruit	1 platter	1330	88	36	0	535	3400	79	3	20	4	56	2	20	50	15
Country Sampler with Basted Eggs, Turkey Sausage, Fruit	1 platter	940	52	25	0	480	2420	80	3	20	4	39	2	15	30	15
Country Sampler with Egg Whites																
Country Sampler with Egg Whites, Bacon, Fruit	1 platter	970	59	31	0.5	105	2440	82	3	22	6	32	16	10	20	15
Country Sampler with Egg Whites, Ham Steak, Fruit	1 platter	1180	76	36	1	155	3920	84	3	23	7	42	0	10	20	20

Country Sampler Breakfast Nutritional Information

Country Sampler with Egg Whites, Impossible Sausage, Fruit	1 platter	1030	61	32	0.5	75	2600	88	5	20	4	34	0	20	35	20
Country Sampler with Egg Whites, Sausage Link, Fruit	1 platter	1200	84	40	0.5	140	2650	81	3	21	4	33	2	10	20	15
Country Sampler with Egg Whites, Sausage Patty, Fruit	1 platter	1350	91	41	1	200	3540	80	3	20	4	55	0	15	40	15
Country Sampler with Egg Whites, Turkey Sausage, Fruit	1 platter	970	55	30	1	145	2570	81	3	21	4	38	0	15	15	15
Country Sampler with Over Easy, Medium, Hard Eggs																
Country Sampler with Over Easy, Medium, Hard Eggs, Bacon, Fruit	1 platter	940	56	26	0	440	2300	81	3	21	6	33	18	15	30	15
Country Sampler with Over Easy, Medium, Hard Eggs, Ham Steak, Fruit	1 platter	1160	73	31	0	490	3770	83	3	23	7	43	2	15	35	20
Country Sampler with Over Easy, Medium, Hard Eggs, Impossible Sausage, Fruit	1 platter	1000	58	27	0	410	2460	87	5	19	4	35	2	25	45	20
Country Sampler with Over Easy, Medium, Hard Eggs, Sausage Link, Fruit	1 platter	1180	81	34	0	475	2500	80	3	20	4	34	4	15	35	15
Country Sampler with Over Easy, Medium, Hard Eggs, Sausage Patty, Fruit	1 platter	1330	88	36	0	535	3400	79	3	20	4	56	2	20	50	15
Country Sampler with Over Easy, Medium, Hard Eggs, Turkey Sausage, Fruit	1 platter	940	52	25	0	480	2420	80	3	20	4	39	2	15	30	15
Country Sampler with Poached Eggs																
Country Sampler with Poached Eggs, Bacon, Fruit	1 platter	900	52	23	0	430	2300	81	3	21	6	33	18	15	30	15
Country Sampler with Poached Eggs, Ham Steak, Fruit	1 platter	1120	68	28	0	480	3770	83	3	23	7	43	2	15	35	20
Country Sampler with Poached Eggs, Impossible Sausage, Fruit	1 platter	960	54	24	0	400	2460	87	5	19	4	35	2	25	45	20
Country Sampler with Poached Eggs, Sausage Link, Fruit	1 platter	1140	76	32	0	465	2500	80	3	20	4	34	4	15	35	15
Country Sampler with Poached Eggs, Sausage Patty, Fruit	1 platter	1290	84	33	0	525	3400	79	3	20	4	56	2	20	50	10
Country Sampler with Poached Eggs, Turkey Sausage, Fruit	1 platter	910	48	22	0	470	2420	80	3	20	4	39	2	15	30	15
Country Sampler with Scrambled Eggs																
Country Sampler with Scrambled Eggs, Bacon, Fruit	1 platter	1130	74	35	0.5	660	2480	81	3	21	6	39	19	15	35	15
Country Sampler with Scrambled Eggs, Ham Steak, Fruit	1 platter	1340	91	41	1	710	3960	83	3	23	7	49	3	20	40	25
Country Sampler with Scrambled Eggs, Impossible Sausage, Fruit	1 platter	1190	76	36	0.5	630	2640	87	5	19	4	41	3	25	50	20
Country Sampler with Scrambled Eggs, Sausage Link, Fruit	1 platter	1360	99	44	0.5	695	2690	80	3	20	4	40	5	15	40	20
Country Sampler with Scrambled Eggs, Sausage Patty, Fruit	1 platter	1510	106	45	1	755	3580	79	3	20	4	62	3	20	60	15
Country Sampler with Scrambled Eggs, Turkey Sausage, Fruit	1 platter	1130	70	34	1	700	2610	80	3	20	4	45	3	20	35	20
Country Sampler with Sunny Side Up Eggs																
Country Sampler with Sunny Side Up Eggs, Bacon, Fruit	1 platter	940	56	26	0	440	2300	81	3	21	6	33	18	15	30	15
Country Sampler with Sunny Side Up Eggs, Ham Steak, Fruit	1 platter	1160	73	31	0	490	3770	83	3	23	7	43	2	15	35	20
Country Sampler with Sunny Side Up Eggs, Impossible Sausage, Fruit	1 platter	1000	58	27	0	410	2460	87	5	19	4	35	2	25	45	20
Country Sampler with Sunny Side Up Eggs, Sausage Link, Fruit	1 platter	1180	81	34	0	475	2500	80	3	20	4	34	4	15	35	15
Country Sampler with Sunny Side Up Eggs, Sausage Patty, Fruit	1 platter	1330	88	36	0	535	3400	79	3	20	4	56	2	20	50	15
Country Sampler with Sunny Side Up Eggs, Turkey Sausage, Fruit	1 platter	940	52	25	0	480	2420	80	3	20	4	39	2	15	30	15