

a la Carte Breakfast Ingredients and Allergens Information

Item Name	Ingredient Statement	Allergen Statement
<b>a la Carte Items</b>		
Biscuits and Sausage Gravy	Biscuit (Enriched Flour [Wheat Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid], Water, Palm Oil, Palm Kernel Oil, Sugar, Buttermilk, Sodium Aluminum Phosphate, Baking Soda, Salt, Sodium Acid Pyrophosphate, Dextrose, Dough Conditioner [Enzymes]), Sausage Gravy (Water, Milk [Whole Milk, Vitamin D3], Pork [Contains 2% Salt], Whipping Cream [Cream and Milk], Food Starch-Modified, Flour [Bleached Wheat Flour, Potassium Bromate, Enzyme], Flavor Enhancer [Maltodextrin, Sodium Chloride, Disodium Inosinate, Disodium, Guanylate, Thiamine Hydrochloride, Citric Acid, Silicon Dioxide (To Prevent Caking)], Seasoning [Salt, Spices, Sugar, Spice Extractives], Gravy Blend [Salt, Spices, Dextrose, Sugar, Spice Extractives, BHA, BHT, Citric Acid, Less Than 2% Silicon Dioxide (To Prevent Caking)], Titanium Dioxide [Color]), Liquid Butter Alternative (Soybean Oil, Palm Oil, Natural Flavor, Soy Lecithin, Beta Carotene).	Contains Milk, Soy, Wheat.
Cinnamon Roll	Cinnamon Roll (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Vegetable Oil [Palm, Canola, and/or Soybean Oil], Sugar, High Fructose Corn Syrup, Yeast, Eggs, Cinnamon, Contains 2% or Less of: Nonfat Milk, Molasses, Modified Potato Starch, Salt, Monoglycerides, Modified Tapioca Starch, DATEM, Sodium Stearoyl Lactylate, Annatto and Turmeric Extract Color, Ascorbic Acid, TBHQ [Preservative]), Creamy Swirl Icing (Sugar, Cream Cheese [Pasteurized Milk and Cream, Salt, Carob Bean Gum, Cheese Culture], Margarine [Palm Oil, Water, Salt, Vegetable Mono- and Diglycerides, Natural Butter Flavor, Citric Acid, Beta Carotene [Color], Vitamin A Palmitate], Vegetable Shortening [Palm Oil], Water, Contains 2% or Less of Soybean Oil, Corn Syrup, Salt, Polysorbate 60, Potassium Sorbate [Preservative], Natural Flavor).	Contains Egg, Milk, Wheat.
Croissant	Croissant (Unbleached Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Butter [Pasteurized Cream], Water, Fresh Milk, Sugar, Eggs, Yeast, Salt, Ascorbic Acid, Enzymes).	Contains Egg, Milk, Wheat.
Fresh Fruit	Cantaloupe, Honeydew Melon, Strawberries, Pineapple, Grapes.	
Hash Browns	Shredded Hashbrowns (Potatoes. Contains 2% or less of Dextrose, Salt, Sodium Acid Pyrophosphate Added To Maintain Color), Clarified Butter (Butteroil), Salt & Pepper Seasoning & Tenderizer (Pink Himalayan Salt, Black Pepper, Sodium Bicarbonate, Canola Oil [Processing Aid]).	Contains Milk.
Oatmeal	Water, Oats, Reduced Fat Milk (Reduced Fat Milk, Vitamin A Palmitate and Vitamin D3), Brown Sugar (Sugar, Molasses), Raisins.	Contains Milk.
Sweet Cream Pancake	Water, Pancake Mix (Enriched Bleached Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Sugar, Leavening [Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate], Soybean Oil, Defatted Soy Flour, Dextrose, Less than 2% of: Buttermilk, Natural and Artificial Flavor, Nonfat Milk, Salt, Yellow 5, Yellow 5 Lake, Yellow 6, Yellow 6 Lake), Pancake & Waffle Syrup (Corn Syrup, Water, High Fructose Corn Syrup, Contains Less Than 2% of Natural & Artificial Flavors, Sodium Benzoate [Preservative], Salt, Caramel Color, Xanthan Gum, Ethyl Vanillin), Butter (Pasteurized Cream, Salt), Pan Coating (Soybean Oil, Soy Lecithin, Propellant).	Contains Milk, Soy, Wheat.
<b>Egg Options</b>		
Scrambled Eggs	Large Cage-Free Egg, Clarified Butter (Butteroil), Salt (Salt, Yellow Prussiate of Soda [Anti-caking Agent]).	Contains Egg, Milk.
Scrambled Egg Whites	Egg White, Clarified Butter (Butteroil), Salt (Salt, Yellow Prussiate of Soda [Anti-caking Agent]).	Contains Egg, Milk.
Basted Eggs	Large Cage-Free Egg, Water, Clarified Butter (Butteroil).	Contains Egg, Milk.
Over Easy Eggs	Large Cage-Free Egg, Clarified Butter (Butteroil).	Contains Egg, Milk.
Over Hard Eggs	Large Cage-Free Egg, Clarified Butter (Butteroil).	Contains Egg, Milk.
Over Medium Eggs	Large Cage-Free Egg, Clarified Butter (Butteroil).	Contains Egg, Milk.
Poached Eggs	Large Cage-Free Egg.	Contains Egg.
Sunny Side Up Eggs	Large Cage-Free Egg, Clarified Butter (Butteroil).	Contains Egg, Milk.
<b>Meat Options</b>		
Bacon Slices	Bacon (Cured with Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite).	
Ham Steak	Smoked Ham Steak (Cured with: Water, Salt, Sugar, Contains 2% of less of Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite, Sodium Lactate. Sodium Diacetate, Flavor).	
Sausage Patty	Pork Sausage Patty (Pork, Water, Salt, Spices, Sugar, BHA, BHT, Propyl Gallate, Citric Acid).	
Sausage Links	Sausage Link (Pork, Water, Salt, Spices, Dextrose, BHT, Citric Acid, Propyl Gallate, Beef Collagen Casing).	Contains Milk, Soy, Wheat.
Impossible Sausage	Impossible Sausage Patty (Water, Soy Protein Concentrate, Sunflower Oil, Coconut Oil, 2% Or Less Of: Methylcellulose, Salt, Yeast Extract, Cultured Dextrose, Spices, Food Starch Modified, Onion Powder, Dextrose, Garlic Powder, Natural Flavors, Citric Acid, Soy Leghemoglobin, Mixed Tocopherols (Antioxidant), Soy Protein Isolate. Vitamins and Minerals: Zinc Gluconate, Niacin (Vitamin B3), Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Vitamin B12).	Contains Soy.
Turkey Sausage	Turkey Sausage (Turkey, Water, Contains 2% or Less Seasoning (Salt, Sugar, Spices, Dextrose, Natural Flavor, BHA, BHT, Citric Acid), Natural Flavor (Potato Maltodextrin, Natural Flavor, Gum Arabic, Salt).	
<b>Toast Options</b>		
Biscuit with Butter	Biscuit (Enriched Flour [Wheat Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid], Water, Palm Oil, Palm Kernel Oil, Sugar, Buttermilk, Sodium Aluminum Phosphate, Baking Soda, Salt, Sodium Acid Pyrophosphate, Dextrose, Dough Conditioner [Enzymes]), Liquid Butter Alternative (Soybean Oil, Palm Oil, Natural Flavor, Soy Lecithin, Beta Carotene).	Contains Milk, Soy, Wheat.

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English Muffin with Butter	English Muffin (Enriched Wheat Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Yeast, Contains 2% or Less of the Following: Cornmeal, Sugar, Wheat Gluten, Distilled Vinegar, Salt, Baking Powder [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Monocalcium Phosphate], Cultured Wheat Flour, Fumaric Acid, Enzymes, Mineral Oil [Processing Aid], Non-GMO Soybean Oil, Organic Skim Milk), Liquid Butter Alternative (Soybean Oil, Palm Oil, Natural Flavor, Soy Lecithin, Beta Carotene).	Contains Milk, Soy, Wheat.
Wheat Toast with Butter	Ancient & Whole Grain Bread Mix (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Oat Meal, Whole Wheat Flour, Sugar, Flaxseed, Chopped Rye, Sunflower Seeds, Wheat Gluten, Wheat Bran, Cracked Wheat, Contains Less than 2% of Millet, Salt, Soybean Oil, Barley Flakes, Cultured Wheat [Wheat Flour, Water, Sour Dough Cultures], Whole Grain Triticale Flour, Whole Grain Yellow Corn Flour, Quinoa, Molasses Powder [Molasses, Wheat Starch], Enzymes, Lactic Acid, Calcium Lactate), Water, Liquid Butter Alternative (Soybean Oil, Palm Oil, Natural Flavor, Soy Lecithin, Beta Carotene), Yeast, Nonfat Dry Milk, Soy Flour, Dried Egg (Whole Egg, Sodium Silicoaluminate).	Contains Egg, Milk, Soy, Wheat.
Marble Rye Toast with Butter	Water, Rye Bread Mix (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Rye Flour, Soybean Oil, Salt and 2% or Less of Each of the Following: Sugar, Ground Caraway Seed, Calcium Stearoyl Lactylate [CSL], Calcium Propionate [Preservative], Molasses Powder [Molasses, Wheat Starch], Acetic Acid, Lactic Acid, Fumaric Acid, Monocalcium Phosphate, Ground Dill Seed, Calcium Carbonate, Onion Powder, Corn Starch, Enzymes [Contains Wheat], Potassium Iodate, Ascorbic Acid [Vitamin C], Natural Flavor), Pumpernickel Bread Mix (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Wheat Flour, Rye Flour, Whole Grain Rye Meal and 2% or Less of Each of the Following: Salt, Caramel Color, Wheat Gluten, Soybean Oil, Ground Caraway Seed, Sugar, Lactic Acid, Calcium Propionate [Preservative], Ground Dill Seed, Enzymes [Contains Wheat], Ascorbic Acid [Vitamin C]), Liquid Butter Alternative (Soybean Oil, Palm Oil, Natural Flavor, Soy Lecithin, Beta Carotene), Yeast, Soybean Oil, Nonfat Dry Milk, Soy Flour, Dried Egg (Whole Egg, Sodium Silicoaluminate).	Contains Egg, Milk, Soy, Wheat.
Sourdough Toast with Butter	Enriched Unbleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Liquid Butter Alternative (Soybean Oil, Palm Oil, Natural Flavor, Soy Lecithin, Beta Carotene), Unbleached Enriched Malted Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Nonfat Milk Powder (Nonfat Dry Milk, Lactose), Soybean Oil, Sea Salt (Salt, Magnesium Carbonate), Dry Instant Yeast Gold (Yeast, Sorbitan Monostearate, Ascorbic Acid).	Contains Milk, Soy, Wheat.
White Toast with Butter	Unbleached Enriched Malted Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Liquid Butter Alternative (Soybean Oil, Palm Oil, Natural Flavor, Soy Lecithin, Beta Carotene), Sea Salt (Salt, Magnesium Carbonate), Dry Malt (Malted Barley, Wheat Flour, Dextrose), Instant Dry Yeast (Yeast, Sorbitan Monostearate, Ascorbic Acid).	Contains Soy, Wheat.